



# 4-H News- May 2015

May 2015

## Upcoming Events

- Caprock Canyon Camp
- Glow Run
- Arts & Crafts
- Food Preservation
- Project Forms
- Livestock Projects



## 4-H Year Wrap-Up

- \* As the school year comes to a close the 4-H year is also wrapping up. This year's end-of-the-year awards party will be held down at the river in August. With so many kids competing and participating in projects it'll be an exciting awards party- make sure to get your project report form and fill it out by July 16th to have a chance at earning top-spot in your project area!!
- \* We have several camps and summer activities planned- make sure to mark your calendar to participate!! See the next page for a complete listing of all of the opportunities.
- \* It is time for the Collingsworth County 4-H Club to do another fundraiser! If you have ideas please let me know- we would like to be able to raise enough money this year to not have another fundraising event until 2017.
- \* Next year we will be splitting the Wellington 4-H Club into two sessions- one for 3rd-5th graders and one for 6th-8th graders. Look for more information coming your way this summer about meeting dates, times and locations!!



***Don't forget these summer tips to keep you healthy and happy this summer!!***

Sunscreen

- ◆ Sunscreen is your friend- make sure to use a sunscreen that is at least a SPF15 (preferably higher), and has UVA and UVB protection
- ◆ Put sunscreen on frequently throughout the day- it wears off eventually and so will the protection that it offers
- ◆ Don't forget to apply to the top of ears, behind ears, back of neck, and the top of feet- these areas are often overlooked but are very quick to burn and become sensitive
- ◆ Follow expiration guidelines: if there is no expiration date the rule of thumb is a shelf life of no longer than 3 years

Clothing

- ◆ Wear long-sleeved shirts and long pants to protect against sun
- ◆ Wear a wide-brimmed hat to shade the face and neck from UV rays
- ◆ Sunglasses can help to protect your eyes from UV rays- look for some that block 100% of UVA and UVB rays

Don't get overheated!! Make sure to seek out shade during the hottest part of the day, drink plenty of water and rest often when out in the sun.



Skin cancer is serious- don't risk it



# 4-H Summer Calendar



## June

**Fish N Fun-** June 1st & 2nd  
Limit to first 100 youth to  
register. Registration is \$35.00  
on 4-H Connect, deadline May  
22nd. Forms need to be turned  
into County Extension Office.

**Caprock Canyon-** June 4th.  
Registration is \$15. in the  
County Extension Office &  
forms must be filled out.

**Glow-Run-** June 6th in  
Wheeler. (family event)

**Record Book Workshop-** June  
16th 9:30-11:30 am. In the 4-H  
workroom.

**Arts & Crafts-** June 17th &  
18th limit to the first 14. Cost  
to be determined. Deadline to  
sign up is June 5th.

**Photography-** Dates & time to  
be announced.



## Summer Projects

### July

**Food Preservation-** July 9th  
from 9am-12noon, fee \$5. Sign  
up deadline is July 3rd. Work-  
shop will be held at the Fair-  
grounds kitchen.

**Keys to the  
Courthouse-**



July 15th 10am at the Court-  
house.

**Project Forms-** Due July 16th  
into the County Extension  
Office.



To sign up please contact the County Extension  
Office by phone, or email [collings@ag.tamu.edu](mailto:collings@ag.tamu.edu).



### August

**Crocheting Workshop-**

August 10th & 11th 9:30am-  
12noon. Will schedule second  
set of workshops if a lot sign  
up. Sign up by July 31st.

**Cake Decorating-** Dates &  
times to be announced.

**Award Picnic-** Date & time to  
be announced. Will be held at  
the River.



#### Cullingsworth County 4-H

800 West Ave, Box 12

Wellington, TX 79095

Phone: 806-447-2313

Fax: 806-447-5418

Facebook:

Texas A&M AgriLife Extension,

Cullingsworth County

Website:

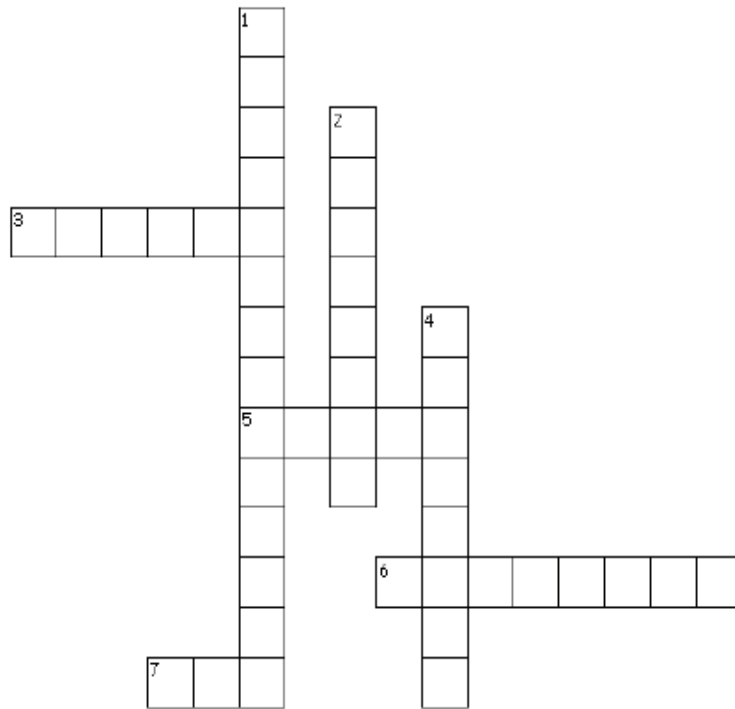
<http://collingsworthagrilife.org/>

# State Roundup

## Collingsworth County 4-H

800 West Ave, Box 12  
Wellington, TX 79095

Phone: 806-447-2313  
Fax: 806-447-5418  
Facebook:  
Texas A&M AgriLife Extension,  
Collingsworth County  
Website:  
<http://collingsworth.agrilife.org/>



### Across

3. Mascot for Texas A&M University
5. Number of contests Collingsworth County will be competing in
6. Which university campus State Roundup is located on
7. What is had at Roundup

### Down

1. Where State Roundup is located
2. Concert performer for Thursday night at Roundup
4. Katy's favorite frozen treat to get in College Station

Be the first person to return a correct, complete crossword puzzle to the Extension office for a prize!!